WHAT TO BRING?
(To a Special Needs Shelter)

Do Bring:
- A list of your current medications and at least a 3 day supply of the medications
- Documentation of specific medical information
- Medical equipment:
  - Oxygen supplies
  - Nebulizers
  - Canes/Wheelchairs
  - Diabetes equipment
  - Glucose meter/strip
  - Insulin/syringes
  - Other insulin supplies
- Non-perishable dietary items
- Special dietary foods if required
- Electronic equipment
  - Flashlight
  - Radio
  - Extra batteries
  - Cell phone
- Personal Care
  - Clothing
  - Undergarments
  - Socks
  - Shoes (durable)
- Personal hygiene items
  - Soap/shampoo
  - Deodorant
  - Toothpaste/toothbrush
  - Brush/comb
  - Wash cloth
  - Towel
- Sleeping lounging Equipment:
  - Cot
  - Air mattress
  - Lawn/lounge chair
  - Sleeping bag
  - Pillow
  - Blanket
  - Sheet
- Important papers
- 1.0 with current address
- Entertainment items
  - Books
  - Magazines
- Toys
- Cards
- Games
- Infant care items
  - Formula
  - Food
  - Diapers
  - First-aid kit
- Personal equipment
  - Eyeglasses
  - Hearing aids
  - Dentures

DON'T Bring:
- Pets
- Firearms
- Alcoholic Beverages Perishable Food Items